

impressed on the eastern petals of this mystic flower, the vowels should be likewise imagined as impressed on the polens of the lotus, two in each, wherein the gods Isha etc., should be worshipped. The goddesses V&mi etc., should be considered as the energies of the Rudras worshipped in these polens, after which the votary shall invoke the three fundamental material principles (Tritattvas). The principle of ether he should psychically invoke and locate within his head. He should worship the principle of earth in the western petal of the lotus; the principle of water, in its northern leaf; the principle of fire (Tejas), in its southern leaf and the principle of air, in its eastern one. The Tanm&tras (essential material principles) and Mah&bhutas (gross matter) should be worshipped outside the occult diagram.

This procedure should be adapted in all rites of Nity& and Naimittika worship. The votary should contemplate his Self as an expanse of beautifully tinted light, pervading all through the universe—its creator, preserver and destroyer—and laving the infinite expanse of ether with its own ambrosial energy. Likewise, he should meditate upon Bhairava in the company of the Siddhas and the celestial Garuda in all acts of, incantation—the moon-crested Bhairava, who is possessed of ten arms and four faces and three eyes, burning with a kind of lurid effulgence, with his diabolical teeth exposed in a dreadful grimace and

a weird light emanating from his flame-
 coloured ey^s. For
 the destruction of snakes he should
 contemplate the image
 of Garuda, dreadful to look at, the tips of his
 mighty pinions
 touching the ends of the welkin, the regions
 of Patala
 located in his feet, the seven celestial regions
 lying ensconced,
 in his bosom, the entire universe nestling
 round his neck,
 and all the Rudras, from the first to Isha, who
 is the last in
 the list of that class of deities, as located*! within
 his Head,
 Garuda, who is but another manifestation of
 Shiva, is the
 lord of the universe, the greatest P{ til the
 great divinities.